



**Lunch Group for Guardbridge residents
over 60 or under 60 with mobility, health or social
exclusion issues**

£5 for 2 courses

**The Bite'n'Blether lunches are held in the Guardbridge
Bowling Club on the 3rd Thursday in the month.**

Doors open from 12 noon and lunch is served 12.30 pm.

Dates for 2019: 17th October, 21st November, 19th December

**Dates for 2020: 16th January, 20th February, 19th March, 16th
April and 21st May.**

**New diners are welcome (first time attendees free) and if you
need transport, please let us know and we can arrange for
someone to pick you up.**

**There is some form of entertainment included and also a raffle
for some excellent prizes.**

**Please get in touch with, a week in advance to book your place,
contact:**

Cath Dyce - 07835 733739 or Barbara Mitchell - 07716 279006

If unable to attend, please remember to cancel your place. Thank you.